

# AWV Learning Lab

December 21, 2023 2:00 pm to 3:30 pm ET

#### **Staff Facilitator**





# Melody Danko-Holsomback, Vice President of Education, NAACOS Melody Danko-Holsomback, MSN, CRNP is the Vice President of Education for NAACOS. She has over 12 years of population health experience and was the CAO and Director of Keystone ACO prior to her current role. She has over 30 years of experience in nursing, including positions in outpatient and inpatient care, as a CRNP healthcare provider and as an IT analysts and performance consultant.

mdholsomback@naacos.com

### Learning Lab Documents



- Agenda
- Learning Lab Note Template used to add takeaway information for future use
- Presentations by Member ACOs
- Meeting recordings and documents found on Learning Lab under Education & Events on the NAACOS website.

## Housekeeping Items



- The learning lab is meant to be a classroom type of setting
- We request that participants be on camera whenever possible. This helps keep you engaged in the meeting material and place faces with names of participants.
- Questions are not only welcomed, but they are also imperative to enhance everyone's learning experience.
- We may call on you at any time for your opinion on the current topic of discussion
- Please mute your microphone when not speaking and unmute when speaking.
- Please add your First and Last Name to Zoom.

## Agenda



#### **AGENDA**

Annual Wellness Visit (AWV) Learning Lab Virtual Series December 21, 2023 2:00 pm – 3:30 pm

Location: Zoom Meeting \*\*Sent to participants\*\*

|                   |                                       | Speakers   |
|-------------------|---------------------------------------|--|
| 2:00 pm – 2:10 pm | Learning Lab Opening<br>Introduction  | Melody Danko-Holsomback,<br>NAACOS                   |
| 2:15 pm – 3:15pm  | Engaging Physicians and Staff in AWVs | Brandy Smuzeski, LMSW ACO<br>Manager                 |
|                   |                                       | Harmeet Bassi, MD, CPHQ,<br>Summit Health/Village MD |
| 3:15pm – 3:25 pm  | Q and A                               | Attendee participation                               |
| 3:25 pm - 3:30 pm | Adjourn                               | Melody Danko-Holsomback                              |

#### **Introductions**





#### Brandy Smuzeski, ACO Manager

Brandy Smuzeski is a Clinical Manager at Medical Advantage TDC GROUP with formal training as a Licensed Master Social Worker and Certified Alcohol and Drug Counselor. She has extensive experience working with vulnerable populations in the hospital setting, as well as in the outpatient setting and has spent her career alleviating barriers and obstacles for those who are vulnerable and oppressed. Brandy assists large groups of independent practices with identifying opportunities for improving patient care, reducing hospital utilization, and enhancing preventative care. In her current role as an ACO Manager, she is involved with Quality Performance and Reporting, Care/Disease Management, Practice Transformation, Billing and Coding, Risk Adjustment, and Health Informatics/Analytics.



#### Harmeet Bassi, MD, CPHQ

Dr. Harmeet Bassi is a Family Medicine Physician with a passion for ensuring delivery of the highest quality of care. As Medical Director of Quality at Summit Health, Harmeet uses this passion to develop strategies to bridge the gap between clinical care and value. Harmeet engages with providers to help them understand their crucial role in value-based care and quality. Utilizing internal metrics and feedback from payers, Harmeet guides Summit Health through their journey to be the best in value-based care.



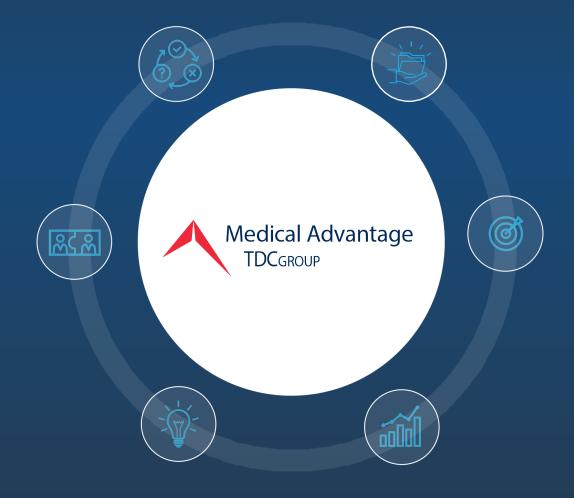
# **AWV'S – Engaging Physicians and Staff**

Brandy Smuzeski, LMSW ACO Manager



#### **Our Mission**

To simplify the delivery of efficient, high-quality healthcare.





Our data-driven approach known as Practice Catalyst delivers outcomes at point-of-care.



#### Healthcare Expertise

- Change Management
- Practice Transformation
- Health Informatics/Analytics
- Health Information Technology
- Electronic Health Records
- Quality Performance/Reporting
- Care/Disease Management
- Contract Design/Negotiation
- Population Health/SDOH
- Risk Adjustment
- Billing/Coding





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**Increase Patient Experience** 

### **ACO Background**



**Physician Owned and Operated** 



Michigan



26 Practices in 2023



Started in 2014



**Preliminary Prospective Assignment with Retrospective Reconciliation** 



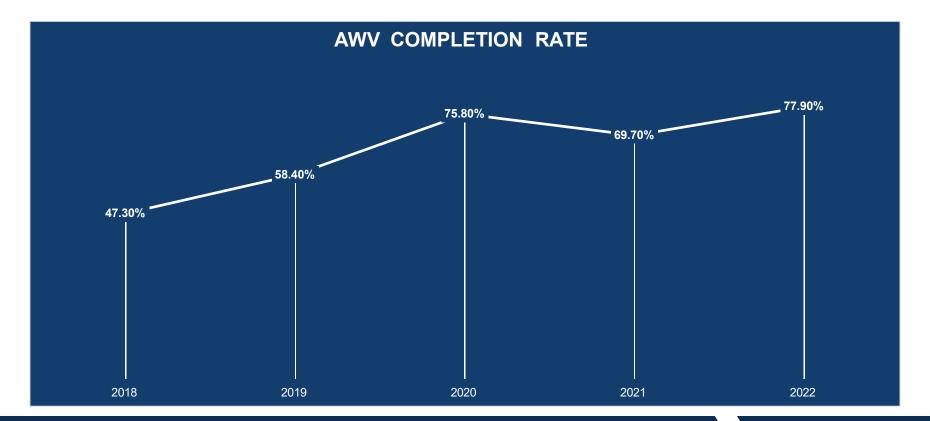
Pathways to Success BASIC Track Level E



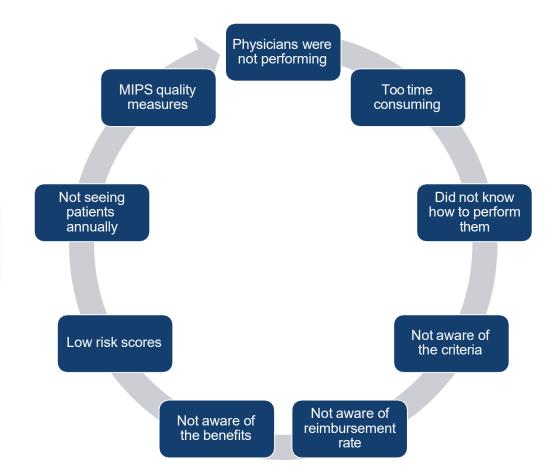
**Quality Scores - 90+** 



#### **Annual Wellness Visit Trend**



# Identified Barriers & Opportunities



#### Where We Started

- Process Documents
  - AWV
  - ACP
  - Scripting



#### Annual Wellness Visit Practice Process Document

**Purpose:** The Annual Wellness Visit has been demonstrated as the essential tool a practice can use that generates multiple opportunities to provide high quality of care

- 1. Boosts and maintains Beneficiary attribution
- 2. Addresses performance year MIPS Quality Measures
  - a. Controlling Blood Pressure
  - b. Completed HA1C <9%</li>
  - c. Medication reconciliation for Statin Therapy
  - d. Smoking assessment and cessation
  - e. Depression screen with follow-up for a positive result
  - . Depression remission within 12 months
  - g. Breast Cancer screening
  - h. Colorectal Cancer Screening
  - i. Fall Risk Assessment
  - i. Vaccinations
  - k. Improves Patient Satisfaction reflected in the CAHPs Survey
- 3. Provides accurate Risk Scoring by capturing current HHC Codes

Goal: Completion of > 80% Annual Wellness Visits of the Medicare Fee for Service population

#### **Process**

#### **Current Patients**

#### Scheduling

Review the Medicare Beneficiary list each quarter to identify who is eligible for the Medicare Fee for Service
Annual Wellness Visit



#### Tip Sheets

- Initial, Annual, and Subsequent AWV
  - Requirements
- ACP
  - Requirements
  - Billing
- Billing
  - Codes
  - Modifiers



#### Initial Preventive Physical Examination (IPPE)

G0402 - Welcome to Medicare Prevention Visit:



#### **Annual Wellness Visit Billing Tips**

#### Billing Codes:



#### Advance Care Planning (ACP)

Advance Care Planning (ACP) as an optional element of the AWV. ACP is the face-to-face conversation between a physician (or other qualified health care professional) and a patient to discuss the patient's wishes and preferences for medical treatment if he or she were unable to make decisions about their care.

As part of this discussion, you may talk about advance directives (ADs) with or without completing legal forms. An AD appoints an agent and/or records the person's wishes about their medical treatment based on their values and preferences.

Medicare waives both the coinsurance and the Medicare Part B deductive for ACP when it is:



## **Explaining the Benefits**







**Quality Metrics**Gaps closure



Patient Attribution



Cost Reduction



HCC Coding Opportunity



Preventing
Disease
Progression



Improves
Quality of Care
Provided



## **Training**





#### **Process - Scheduling**

- Review beneficiary list, wpsgha.com, and EMR
- Call patient to schedule / if being seen and due perform
- HRA Questionnaire, Depression Screening, Fall Risk Screening & Advance Directives
- HRA Questionnaire includes list of current providers, suppliers, medical/family history, risk factors for depression and other mood disorders, current medications (including opioid prescriptions), and screening for substance use disorders
- Reminder call day prior



#### **Process – Day of Appointment**

- At appointment in waiting room
- Rooming patient
- In examination room
  - Review
  - Discuss and document
  - Review current medications, medical diagnosis, and SDOH
  - Tobacco screening and cessation education
  - Substance Abuse Disorder Screening
  - Depression screening
  - Fall risk assessment
  - Cognitive assessment



#### **Process – Wrapping Up**

- Provide education, referrals, and resources as needed
- Discuss advance care planning if receptive
- Review 5-10-year preventative plan (including vaccinations) and provide a copy to the patient
- Provider (MD, DO, NP, PA or CNS) to come in last 5-10 minutes
- Order appropriate screenings, vaccinations, and tests as appropriate

# Utilizing Staff for AWV's – MA & Receptionist

- G0402 Physician (MD/DO), physician assistant, nurse practitioner, or certified clinical nurse specialist
- Medical professional (including health educator, registered dietitian, nutrition professional, or other licensed practitioner), or a team of medical professionals who are directly supervised by a physician.
- Medical Assistant or Receptionist
  - Identify which AWV the patient is eligible for
  - Schedule the patient
  - Call the patient the day prior

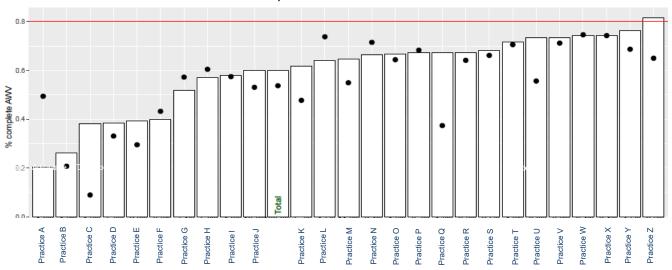
#### Utilizing Staff for AWV's – RN & RD

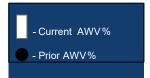
- RN or RD
  - Obtain blood pressure, weight, and height
  - Review HRA, Fall Risk, and Depression Screening results
  - Assess cognitive functioning
  - Advance Care Planning Discussion at patient's discretion
  - 5–10-year prevention plan
  - Provide personalized health advice, appropriate referrals, follow-up appointment as needed
- Inform provider of concerns, referrals, or orders needed
  - Provider to meet with patient as needed
  - 5-10 minutes

#### Comparison

- Physician Meetings
- Staff Meetings
- Practice Comparison Reports

Each Practice's AWV Completion





## Recognition

- Linked to distribution methodology
- Meetings









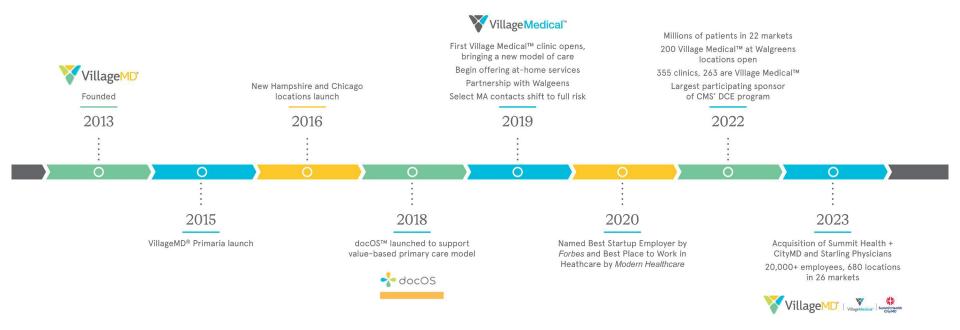
Thank you!



## **Engaging Providers for AWVs**

Harmeet Bassi, MD, CPHQ NAACOS AWV Learning Lab December 21, 2023



















OVER

26+

Active Markets

OVER

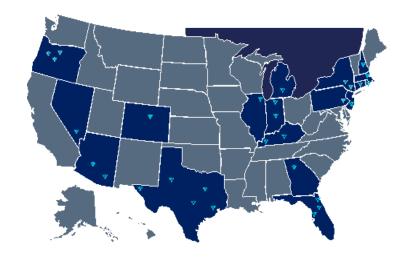
680

Locations

Medical spend Under Management

80.2%

Composite MLR Performance on MA Contracts









# Opportunities for Provider Engagement



## New Provider Orientation

- Review basics of Value-Based Care (VBC)
- Discuss why Value-Based Care is important
- Provide understanding of how VBC impacts our organization

## Value-Based Care Bootcamp

- 7-week training (1 hour per week)
- Educate providers on:
  - how to provide and prove excellent quality care
  - how to better capture the full disease burden
  - how to better engage patients
  - how to better assess and address social determinants of health
  - how to facilitate efficient, cost-effective, patient-centered care with improved health outcomes

## Monthly Regional Department Meetings

- Meetings with smaller groups of providers to share information and answer questions
- Review most important topics, including:
  - AWVs
  - TCMs
  - Quality Measures

## How We Engage Providers



## Discuss the Importance of AWVs

#### Clinically

- Ensure understanding of medications
- Identify any barriers/issues with care (ADLs, SDOH...)
- Address all preventative service recommendations
- Advanced Care Planning
- Create a 5-Year Plan to prepare for the future

#### Financially

- Greater assigned RVUs
- Part of many value-based contracts

## How We Support Providers



## Support Teams

- Utilize outreach lists to identify patients with open gaps and schedule appointments
- Close gaps that do not need provider intervention
  - Obtain completed screening documents to upload in EHR
  - Schedule lab tests for specific open gaps
- Follow-up with patients to ensure gap closure
- Help navigate patients through complex healthcare system and answer questions before they get to provider

## <u>AWV Template</u>

- Template created and added to Annual Wellness Visits
- Contains all sections of AWV that must be completed by provider
- Complies with CMS requirements for AWV
- Partially completed by patient through pre-visit questionnaire

#### Nineteen NOVEMBER NINETEEN

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Review HP

Patient Goals (+)

Patient Instructions

**ANNUAL WELLNESS VISIT ASSESSMENT AND PERSONALIZED WELLNESS PLAN** To promote good health please follow these recommendations:

#### Diet, Physical Activity and Healthy Weight:

- Eat a diet rich in fruits and vegetables, minimizing simple carbohydrates, salt, and saturated fats.
- Engage in regular physical activity and weight bearing exercise, as tolerated

#### Tobacco, Alcohol and Substance Use:

- Don't smoke or use other nicotine products
- · Avoid excessive alcohol intake
- · Avoid misuse of any substances in a manner that is not in accordance with appropriate use

#### Fall Prevention:

· Remove loose rugs and use handrails on steps and in bath

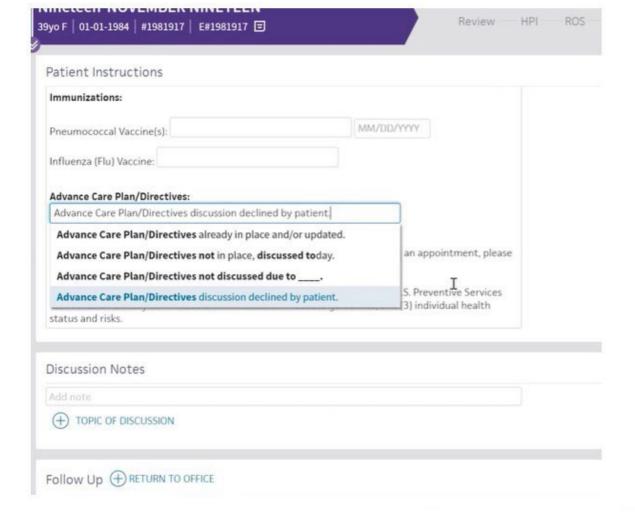
#### Cognition:

Being intellectually engaged may benefit the brain. Lots of activities can keep your mind active.
 For example, read books and magazines. Play games. Take or teach a class. Learn a new skill or hobby. Work or volunteer.

Please remember to schedule any preventive health measures that we talked about today. You also have access to education on fall prevention and community-based lifestyle interventions to help reduce health risks and promote healthy living in your Annual Wellness folder or in the portal.

| 1   | ī   | 7                    |
|---|---|----------------------|
| Breast Cancer Screening (Mammogram):  |   | MM/DD/YYYY           |
| Colorectal Cancer Screening:  MM/DD/YYYY  Osteoporosis Screening (Bone Density Sc                     | Next due Shared Decision Made to Defer Declined Completed Not Needed  |                      |
| Immunizations:  |   |                      |
| Pneumococcal Vaccine(s):  | MM/DD/YY  | YY                   |
| Influenza (Flu) Vaccine:  |   |                      |
| Advance Care Plan/Directives:   |   |                      |
| If you have any questions with regards to contact our office.   | your care plan, or need to schedule a   | n appointment, pleas |
| *Recommended services are based on (a)<br>Task Force & Advisory Committee on Imm<br>status and risks. | 그 내가 있는데 이 이 사용을 하지 않는 사람들이 하지만 아니는 이 생활을 하지 않는데 하지 하지 않는데 하지 하지 않는데 하지 하지 않는데 하지 하지 않는데 하는데 하는데 하는데 하는데 하는데 하는데 하는데 하는데 하는데 하 |                      |

Additional education provided in AWV folder at time of visit and electronically via portal



## Primary Care Provider Incentive Program (PPIP)

| Quality   | Disease Burden Accuracy                         | Panel Management    |
|---|---|---------------------|
| Preventative Care Measures<br>Condition Management (CV, DM) | Accurate Documentation of<br>Chronic Conditions | AWV Completion Rate |

#### **Upcoming Events**



#### **NAACOS** Winter Boot Camps

- February 8-9, 2024
- Marriott Orlando Airport Lakeside, Orlando, FL
- 2 Concurrent Boot Camps
  - Clinical Operations in Care Transformation Boot Camp
  - Data and Analytics for Care Excellence Boot Camp

Register now!

## **Upcoming Events**



## **NAACOS Spring Conference 2024**

April 10–12 Hilton Baltimore Inner Harbor

**Registration Now Open!** 



## Thank you!

#### **Contact Information**



- Melody Danko-Holsomback, VP of Education, NAACOS, mdholsomback@naacos.com
- Harmeetinder Bassi, MD, Medical Director, Summit Health hbassi@summithealth.com
- Brandy Smuzeski, LMSW, CADC, Clinical Manager, Medical Advantage <u>bsmuzeski@medicaladvantage.com</u>



# **Appendix**

#### **Group Discussion**



#### Note Template Questions:

- 1. What problem does the topic address?
- What population of patients could benefit from this?
- 3. What didn't I know or haven't thought about trying in my ACO?
- 4. Could any of this presentation work in your ACO or CIN?
- 5. If yes, how? If no, why not?

You may use this template to document notes from the presentation that you feel would be helpful in your practice.