

Aligning Your Business Model with CMS's 2030 Vision for Value-Based Care

Contracting and performance in Medicare Advantage

September 20, 2023



Agenda

Panelist and organization introductions: 1:00 - 1:45pm

Overview of Medicare Advantage: 1:45 - 1:55pm

MA contracting: 1:55 - 2:50pm

Break: 2:50 - 3:05pm

MA performance: 3:05 - 4:00pm

Breakout sessions: 4:00 - 4:30pm

Breakout summary and final comments: 4:30 - 5:00pm



Participant introductions (45 minutes)

Jarvis Leigh, National VP for Strategic Payer Partnerships, Aledade



Jarvis joined Aledade the summer of 2020, and brought with him decades of experience in network development, strategic relationship management and value-based contracting in support of Aledade's national network of independent primary care providers.

Prior to Aledade, Jarvis spent years at UnitedHealth Group where he developed and managed relationships with UHN's largest and most influential strategic provider and hospital relationships. Jarvis also spent over a decade on the Contracting and Network Management team at Aetna.



Aledade is the nation's largest network of independent primary care providers

Our mission is to build a better healthcare system for patients, practices and so
That means meeting every patient where they are, with the coverage they have

We partner with small and midsize practices, enabling their success and ability to remain independent.

The shift to value-based care supports practice viability, improves patient outcomes, and reduces cost of care.

Why We're Different

WHAT WE DO

Aledade
partners with

all types of
primary care
practices,

across
diverse payer
contracts,

with a singular
focus on
taking risk.

WE DON'T

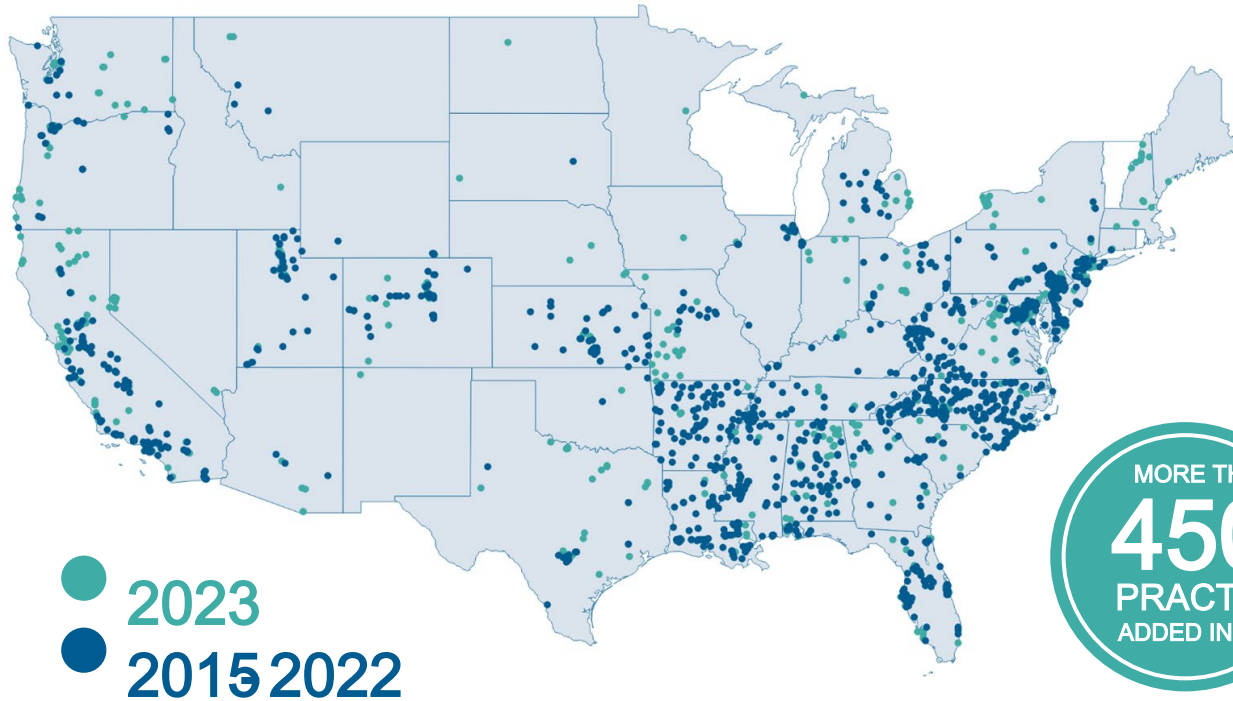
Buy or build
practices,

rely on health
systems,

focus only on
Medicare
Advantage,

or rely on fee-
for-service
billing.

Unlike Competitors, Our Footprint Encompasses Rural & Urban Areas



● 2023
● 2015 2022

MORE THAN
450
PRACTICES
ADDED IN 2023

NETWORK

16,300+ CLINICIANS*
1,500+ PRACTICES

SCALE

2M+ LIVES
145+ VALUE-BASED CONTRACTS
\$20B+ MEDICAL SPEND

RESULTS

\$450M+ '22 REVENUE
\$135M+ '22 PLATFORM

CONTRIBUTION

EBITDA POSITIVE SINCE 2020

7 Aledade analysis of internal data; MSSO only practice & ACO data available at <https://data.cms.gov/medicare-shared-savings-program>. 2022 results are unaudited.

* Clinicians includes physicians and physician extenders, such as nurse practitioners.

Michael Stanzione, Director of Medicare Advantage Network Performance, Aledade



Michael Stanzione currently serves as the Director of Medicare Advantage Network Performance at Aledade, where he partners with internal and external stakeholders to drive performance in Medicare Advantage Value-Based Contracts across the US and supports independent primary care practices and physicians in maintaining their independence and making the transition to value-based models of care.

Prior to his current role Michael has held numerous positions throughout the healthcare community including health plan strategy and management, healthcare consulting, physician group management, and Health IT. Michael holds an MBA from Rutgers University and a BS in Public Health/ Health Policy and Administration from The Richard Stockton College of NJ.

Ben Quirk, Founder and CEO, Healthy



Chief Executive Officer
Healthy Medical Centers & Network

- **Founder and CEO, Healthy Medical Centers & Network**
- **Chief Strategy Officer for CareMax (NASDAQ: CMAX) 2015 – 2022, leading organic and inorganic growth from 1000 to 250,000 Medicare beneficiaries**
- Led CareMax's public listing and national expansion strategic
- Orchestrated merger of **CareMax (primarily Medicare Advantage) with Steward Healthcare Network (second largest ACO in the country)**
- **Modern Healthcare Top 25 Innovator 2022**





*Live your best
life.*



Senior-focused integrated full risk delivery system comprised of **4 dedicated medical centers** and **700** like minded **primary care physicians and specialists**.

Clinical model is based on the principles of the **American College of Lifestyle Medicine**, focusing on **disease prevention and reversal** rather than just treatment.

Supported by a **proprietary rising risk Connection System technology platform** which helps ensure patients receive proactive treatment between visits.

Economic model is via incentives and risk sharing through 20 Medicare Advantage, Commercial and Medicaid contracts. **Healthy is the delegated payer of record**, allowing for reinvestment into different aligned lifestyle professionals to support patients on their health journeys.

Wilson Gabbard, VP of Quality and Condition Management, Advocate Aurora H



Wilson joined Advocate in 2020 where he is responsible for CIN and medical group quality across over 1.3M value based members and risk adjustment strategy for over \$3 billion in system risk -based revenue. This includes responsibility for operationalizing programs for a portfolio of joint -ventures, fully delegated capitation, upside/downside risk, shared savings and pay for performance contracts.

Previously, he spent seven years leading population health operations for UNC Health Care where he was responsible for strategy and operations during its transition from fee -for-service to value-based reimbursement. The UNC population health services team grew from two to over 200 team members during his seven-year tenure. Prior to joining UNC, he led regional operations for primary and specialty care practices and regional emergency and hospitalist service lines for Vidant Medical Group. Mr. Gabbard received his Bachelor and Master of Business Administration degrees from Morehead State University and is a Fellow of the American College of Healthcare Executives (FACHE).

ADVOCATE HEALTH



NEARLY
6M
UNIQUE
PATIENTS



NEARLY
150K
TEAMMATES



MORE THAN
21K
PHYSICIANS



NEARLY
42K
NURSES



NEARLY
\$5B
COMMUNITY
BENEFIT



MORE THAN
1K
SITES OF
CARE



67
HOSPITALS



\$27B+
REVENUE

AdvocateAuroraHealth

2.9M unique patients

77K teammates

10K physicians

22K nurses

\$2.4B in community benefit

500+ sites of care

27 hospitals

\$14B+ in annual revenue



Atrium Health

2.9M unique patients

73K teammates

11K physicians

20K nurses

\$2.46B in community benefit

500+ sites of care

40 hospitals

\$13B+ in annual revenue



Modern Healthcare
**Best Places
to Work 2021**



Advocate Health has a long history with value-based care, and partners with 13,000+ physicians in 13 ACOs/CINs



13,000+
Participating Physicians
in our CINs



2.3 M
Total Managed Lives



~50
Hospital Organizations
Part of our CINs



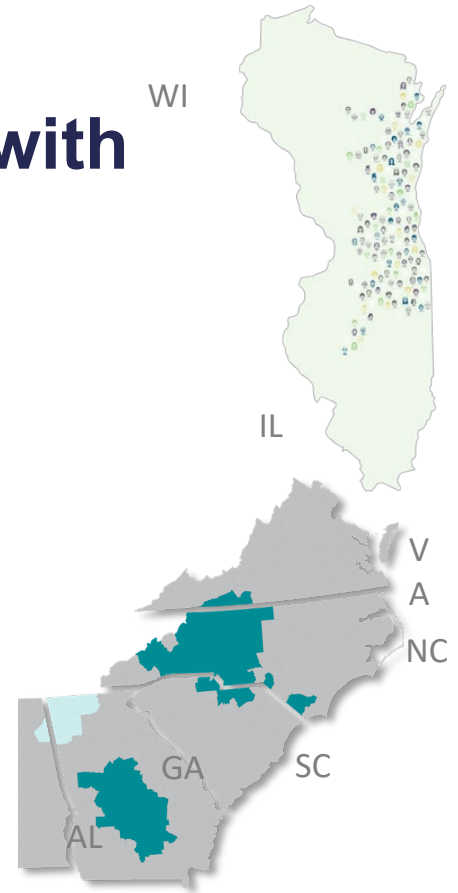
108
Unique Value Contracts
Across All ACOs/CINs



\$1.2 B
Annual managed
Capitation revenue



\$1.25 B
Paid Out in Value payments



BlueCross BlueShield of South Carolina



Jason Sloan

Vice President, Medicare Advantage Stars and Risk Programs

At BlueCross BlueShield of South Carolina Jason leads the strategic vision and implementation for Medicare Advantage quality improvement activities, risk adjustment programs and value-based provider partnerships. Under Jason's leadership the MA program has markedly increased quality outcomes by helping beneficiaries navigate the healthcare system and by establishing strong partnerships with local healthcare providers.

Jason has spent his career managing local and national Medicare Advantage quality programs along with experience in medical research and physical therapy health programs. He earned an MBA from the University of Notre Dame and a Masters in Biomedical Science from Midwestern University in Chicago. To stay well rounded Jason enjoys fishing with his kids and playing golf as often as possible.

THE POWER OF BLUE

Exceptional Choice, Service and Experience to Medicare Members

Local



Only Medicare Carrier based in South Carolina

Strength



Largest Health Insurer in South Carolina

Innovation



Providing solutions and creative product designs

Support



Local Representatives across the state

Stability



Serving South Carolinians

Security



Rating by AM Best 22 Consecutive Years

Service



Award-winning Local Customer Service

Lifetime



Products for every stage of a member's life

Simon Moody, Principal and Consulting Actuary, Milliman



Simon has more than 25 years of experience working with health provider organizations, insurers, and a variety of other healthcare organizations. His main areas of expertise include working with providers and payers in the design, evaluation, audit, and performance monitoring of various population -based reimbursement agreements. Simon also has extensive Medicare Advantage expertise from preparing and certifying Medicare Advantage bids for several health plans and developing Medicare Advantage feasibility analyses for new startups.

Milliman Healthcare Consulting

Consultants to the top payers, hospitals, life science companies, and more

Milliman leverages expertise gained from consulting to stakeholders across the healthcare industry.



We serve the **full spectrum** of healthcare clients (payers, providers, PBMs, pharma, government, reinsurers)



Consult to the **25 largest** health **payers** in the U.S.



Consult to the **50 largest** health **providers** in the U.S.



Certify nearly 50% of **Medicare Part C/D bids** nationally



Support 19 out of the **top 20** pharmaceutical **manufacturers**



Provide actuarial support for **30+ state Medicaid/Exchange programs**



Provide **predictive analytics** for hundreds of clients



Manage **proprietary database** of claim data for over **80 million lives**, spanning across the commercial, Medicaid, and Medicare markets

Overview of Medicare Advantage (10 minutes)

MSSP vs. Medicare Advantage

Beat the field



vs.

Beat the contract



If done right, a win -win for payers and providers

What is Medicare Advantage

Medicare Advantage (Part C) Plans bundle Traditional Medicare benefits but are offered by Private Insurance Companies

- Cover all the services Traditional Medicare covers (with limited exceptions)
- Most Medicare Advantage plans also include pharmacy (Part D) benefits

Typically Include Supplemental Benefits

- Vision, Hearing, and Dental Benefits
- Clinical Programs/ Services such as Chronic Disease Management Programs
- Non-Clinical Programs like transportation assistance and gym memberships

MA Plan Revenue and Patient Costs

- MA Plans receive Per-Member-Per-Month payments from CMS for each enrollee
- MA Patients still pay their Part B Premium + a plan premium (many are \$0)
- Deductibles, Co-Pays, and Co-Insurance can apply and will vary by plan

MA Plans have Provider Networks

- Out-of-Network coverage varies by plan, but like Commercial plans, many MA payers offer PPO and HMO plan options

MA Plans MUST have MLRs > 85% (80% in some cases) or face penalties from CMS

In MA VBC contracts, payers expect more from their contracted providers than expects in MSSP

Plans share premium dollars with providers in exchange for:

Baseline expectations



**Medical cost
management
(MLR)**



**Accurate risk
coding
(RAF)**



**Clinical quality
management
(Stars)**



**New member
growth**

*Collaboration between providers and payers is key to success across all metrics

MA Contracting (55 minutes)



Contract economics negotiating MLR deal terms

- **MLR Target** : No less than ~84% (scale orgs) or 80% (subscale orgs)
 - Fixed target for 3-5 year term
 - Part D excluded or Part D included, but not at risk (limits exposure to factors beyond the ACO's control: charges / utilization trends, benefit design changes, formulary changes)
- **Quality Bonus** : Positive MLR adjustment for 4.0+ Stars performance
- **Group Retirees** : If included, retirees are a separate cohort with financial target set at historical performance
 - Upside only for the first 2 performance periods

Contract economics glide path to risk

- **Performance Years 1 -2: Upside only**
 - Shared savings target: 40-50%
- **Performance Years 3 -4: Asymmetrical upside / downside**
 - Higher upside / lower downside
 - e.g. PY3: 60% upside / 30% downside; PY4: 75% upside/ 50% downside
- **Performance Years 5+: Full risk**
 - Based on strong historical performance: 100% upside / 100% downside

Contract economics: care management fees and other front incentives

There will be differences in fees and incentives available for partial and full risk contracts, but the payments may include:

- **Care management fees** : Up to \$10 PMPM
- **Primary care cap**: \$75 - \$125 (based on market and scope of services)
- **Quality -based incentives**:
 - A W V bonuses
 - Stars-based PMPY bonuses
 - Stars-based MLR adjustment examples
 - 4.50 - 4.74 Stars: +1% added to MLR target
 - 4.75 - 5.00 Stars: +1.5% added to MLR target
- **Advance (quarterly) shared savings payments**
- **Full cap PMPM (with DoFR)**

Contract economics quality measures

Provider quality measure wish list. Focus on limiting included quality measures to those that:

1. PCPs can directly impact
2. Can be accurately measured (often not the case when it comes to Patient Experience)
3. Have sufficient lives under management (LUM) in denominators to hedge against volatility
4. Are focused on increasing quality and limit administrative (check the box) burden
5. Align with overall plan performance needs

Contract economicskey contractual language terms

- **Division of Financial Responsibility (DoFR)**
 - List of administrative responsibilities between the MCO and the ACO
 - Increasing responsibility to the ACO should be paired with an increase in MLR/PMPM
- **Contract Termination:** Should hold Payer accountable for payments for any truncated term, i.e. if terminated midterm by either party
- **Attribution** : Contract should clearly state which members are included in the cost of care and quality measurements; including product types (HMO, PPO), DSNP and H-contract names
- **Data/Reporting:**
 - Detailed listing of all data/reports and the timing for distribution of each
 - Service Level Agreement language to ensure reports/data is sent within reasonable timelines, and outlining the quality and/or financial remedies if not met

Break (15 minutes)

MA Performance (55 minutes)



Providers have a few levers to improve their financial position in \$ and % terms

1. Improve the accuracy and comprehensiveness of documentation and coding to ensure accurate Risk Adjustment, which drives accurate premium (% premium value increases as premium dollars increase)
2. Increase quality (Stars) performance, which can unlock more favorable risk sharing terms and quality bonus payments for MA Plans
3. Effectively manage medical costs and utilization
4. Take responsibility for delegated services (UM, claims processing, etc.) and increase the % of premium allocated to the provider
5. Improve attribution (patient selection) to ensure every patient they are actually treating is accurately attributed to them

Medical Loss Ratio (MLR) and Risk Adjustment

MA risk contracts usually have MLR (% of Premium spent on medical costs) targets

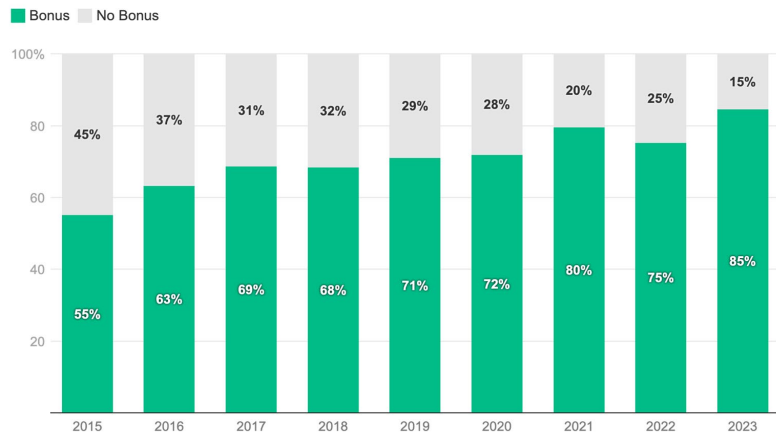
- Plans receive capitated Per Member Per Month payments from CMS for all enrollees
- PMPM payments are influenced by three factors
 - CMS County Benchmark Rate + the Plan “Bid Rate” (inclusive of quality bonus payments)
 - Patient Premiums (if applicable, many plans are \$0 premium)
 - Risk Adjustment Factor (RAF score)
- Each enrollees RAF score is a combination of their demographic status (age, sex, Dual eligibility), their special status (aged vs disabled) and their disease burden
- Disease burden is based on diagnoses captured in the previous calendar year
- $MLR = \text{Total Medical Costs as a \% of Premium}$
- Plans MUST have MLRs $\geq 85\%$ (80% in some cases) or face penalties from CMS, so where they can, they push risk downstream to providers interacting directly with the patients to align incentives and de-risk

Why does risk adjustment matter for VBC Participants

- Complete and accurate risk adjustment and effectively managing medical costs is imperative to success in MA
- Risk adjustment also promotes coordination of care across providers caring for the patient and incentivizes providers to spend the time necessary to investigate, monitor and manage patient chronic conditions
- Ensures PCPs are aware of - and are managing - all chronic conditions
- Dx capture is the **ONLY** lever providers have to influence revenue in **most** MA contracts

Stars performance is a crucial competency for MA Plans and providers

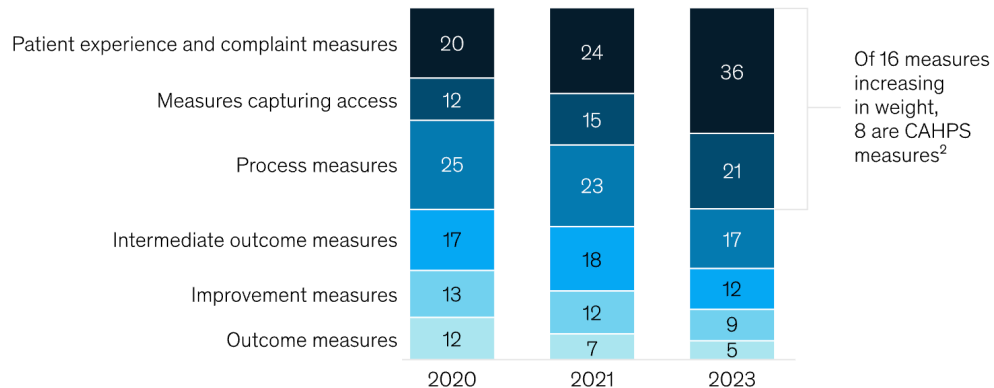
Most Medicare Advantage Enrollees (85%) Are In Plans That Receive Bonus Payments in 2023



NOTE: Note: Includes all individual, employer, and special needs plans. Bonus status is based on a plan's star rating for the previous year.
SOURCE: KFF Analysis of CMS Enrollment and Plan Quality and Performance Ratings Files, 2015-2023 • PNG

KFF

Relative weight of quality measure types in MA-PD Star ratings,¹ %



CAHPS, Consumer Assessment of Healthcare Providers and Systems; MA-PD, Medicare Advantage prescription drug plan.

¹ Figures may not sum to 100%, because of rounding.

² Excluding duplicative measures for Part C and Part D ratings.



Stars- maximizing performance with targeted interventions

- Quarterly focus on specific and actionable quality goals
 - Example:
 - 1Q: Annual Wellness Visits for new and high-risk patients, preventive screenings, prior year medication adherence fails and 90-day Rx conversions
 - 2Q: Addressing gaps in care for chronic conditions, order follow up, missed refill due dates for medication adherence
 - 3Q: Order follow up, missed refill due dates for medication adherence
 - 4Q: Remaining annual visits, uncontrolled chronic disease members check-in, missed refill due dates for medication adherence
- Aligned incentives tied to clinical outcomes
- Regular cadence of actionable feedback based on performance

Stars- prioritizing measures

Triple Weighted Stars measures - especially Medication Adherence which represents 30-40% of aggregated Star ratings - are critical to success in MA

Measure	Weight	Scenario 1	Scenario 2	Scenario 3	Scenario 4	Scenario 5
Controlling Blood Pressure	3	5	4	4	4	4
Diabetes Care - Blood Sugar Controlled	3	5	4	4	4	4
Medication Adherence - Cholesterol	3	5	4	4	3	3
Medication Adherence - Diabetes	3	5	4	4	3	2
Medication Adherence - Hypertension	3	5	4	4	3	2
Breast Cancer Screening	1	4	5	4	5	5
COA: Medication Review	1	4	5	4	5	5
COA: Pain Assessment	1	4	5	4	5	5
Colorectal Cancer Screening	1	4	5	4	5	5
Diabetes Care - Eye Exam	1	4	5	4	5	5
Statin Use in Persons with Diabetes	1	4	5	5	5	5
Follow-up after Emergency Room Visit	1	4	5	5	5	5
MTM Program Completion Rate for CMR	1	4	5	5	5	5
Osteoporosis Management in Women Who Had a Fracture	1	4	5	5	5	5
Statin Therapy for Patients with Cardiovascular Disease	1	4	5	5	5	5
TRC - Medication Reconciliation Post Discharge	0.5	4	5	5	5	5
TRC - Patient Engagement after Inpatient Discharge	0.5	4	5	5	5	5
Plan All-Cause Readmissions (needs at least 150 in denominator to count)	3	4	5	5	5	5
Aggregate Star Rating		4.52	4.48	4.31	4.17	3.97

Stars- prioritizing contracts

- Your organization may have one, a few, or dozens of MA contracts across health plans
- While all contracts are important, you will likely have to make tradeoffs across contracts to hit specific targets. Some of the things you may need to consider are:
 - Level of downside risk
 - Contractual implications of current performance/status
 - Relationship with plan (strategic, anchor, investor, etc.)
 - Revenue opportunity
 - # of patients in the contract
 - Historical performance

Delegated services and additional med exp. mgmt levers

Some value based contracts may include delegation of services ordinarily performed by the health plan

Delegation usually requires significant scale, but can be done with smaller patient populations

Examples can include:

- Delegated networking, contracting and credentialing
- Delegated Utilization Management
- Delegated Care Management Services
- Claims Delegation

Operational mechanics

TIN & NPI rosters, network participation, panel status, and assignment & attribution

Managing the right population is paramount to being successful in any value based care arrangement

- Rosters serve as the basis for attribution and maintaining up to date and accurate practice and provider rosters is key to ensuring you are managing the right population of patients
- Providers will likely need to be “participating providers” in the health plans’ network to gain attribution and participate in the value based contract (VBC)
- Participating providers can receive newly attributed patients so long as they have an “open panel” with the health plan (are accepting new patients)
- Your VBC may require all or some of your providers to have an open panel as a requirement of the VBC
- Patient assignment and attribution methodologies can vary across different health plans but generally fall into a few buckets
 - PCP Selection: when a patient self selects their PCP
 - Claims-based attribution: patient attribution based on historical claims utilization (either by preponderance of claims or preponderance of spend) and are assigned to the PCP they see most often
 - Auto-assignment: patient assignment can be based on other factors like where the patient lives and the PCP’s geographical service area in absence of the patient identifying their PCP and sufficient claims history for claims-based attribution (more common with patients newly enrolled with the health plan)



Breakout Sessions (30 minutes)

Breakout #1: Contracting

You represent a provider organization with these characteristics:

Org data	2021	2022	2023 (exp.)
Star rating	2.7	3.1	3.4
MER	84%	84.5%	85%
Patient count	20,000	25,000	30,000
Payer X patients	200	225	5,000
RAF	1.03	0.98	0.92

What are the top 5 terms that you'd negotiate into an MA contract with Payer X given those data? How might you try to generate optimal terms assuming that Payer X does not have access to your performance data?

Breakout #2: Performance

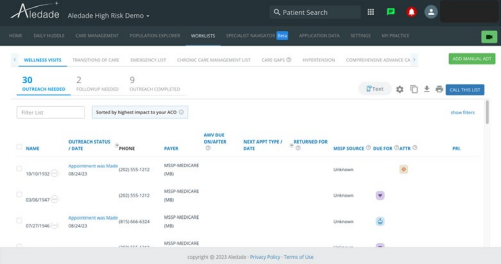
You've done MSSP, you're signing your first MA deal, what are the 5 things you need to start doing (beyond what you're doing in MSSP) to be successful in your first MA contract?

Breakout Summary & Final Thoughts (30 minutes)

Final thoughts: how do you perform well in MA?

By engaging your patients in care, and addressing their needs!

- Use data and analytics tools to identify patients who need to be engaged
- Key areas from our experience where you can drive both MLR and Stars performance
 - **Early MA AWWs** = better quality ratings, improved accuracy in documentation/ diagnosis coding, and cost savings
 - **Care Gaps** = improved patient care and better quality ratings
 - **Accurate Documentation/ Diagnosis** = better care and accurate revenue
 - **Transitional Care Management** = reduced readmissions, cost savings, and better quality ratings
 - **ED Follow Up** = reduced ER (and IP!) utilization, cost savings and better quality ratings
 - **Identify, address and manage** high needs populations



The screenshot shows a software interface for patient management. At the top, there is a navigation bar with the Aetna logo and 'Aetna High Risk Demo'. Below this, there are several tabs: 'WELLNESS VISITS', 'TRANSITION OF CARE', 'EMERGENCY LIST', 'CHRONIC CARE MANAGEMENT LIST', 'LIVE CHAT', 'INTERVENTION', and 'COMPREHENSIVE ADVANCE CARE'. The main area displays a table of patients with the following columns: NAME, OUTREACH STATUS, PHONE, PAYER, ANY DUE, NEXT APPR DATE, RETURNED DATE, MISS APPR, DUE MA, and LATEX. The table contains three rows of patient data. The first row shows a patient named '181011902' with an 'Appointment due' status, phone number '082-838-1212', 'MSP-MEDICARE' payer, and 'MSP' as the next appointment date. The second row shows '838017887' with 'Appointment due' status, phone number '082-838-1212', 'MSP-MEDICARE' payer, and 'MSP' as the next appointment date. The third row shows '870211946' with 'Appointment due' status, phone number '082-838-1212', 'MSP-MEDICARE' payer, and 'MSP' as the next appointment date. The interface also includes a search bar, a filter dropdown set to 'Sorted by Highest Impact by your ACS', and a 'Filter List' button.