# Practical Approaches to Drive Specialty Engagement

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# Coastal Carolina Health Care, PA

60+ Providers (60% PCP)

- Internal Medicine
- Family Medicine
- Emergency Medicine
- Cardiology
- Hematology/Oncology
- Gastroenterology
- Neurology
- Pulmonary/CC
- Rheumatology
- Endocrinology
- Podiatry

#### 16 Clinic Locations

- Urgent Care
- Imaging Center
- Sleep Lab
- GI ASC

Single Enterprise-wide EHR

More Concentrated/Rural Market

78% of PCP Patients in Total Coast of Care Contracts

Advanced Medicine, Trusted Care,

#### **CCHC Overview**

- Medical Practice Owns Medicare ACO
- Started Medicare ACO April 1, 2012
- MSSP Enhanced Track
- >22,000 Attributed Beneficiaries Spread Across
   Medicare, BCBS of NC, Humana, and UHC Commercial
- Partnership with "Enablement Companies" to Increase Total Cost of Care Coverage.



# Select MSSP Quality Measures

	2013				2020		2022			
	CCQC	CCQC ACO %		CCQC	ACO	%ile	CCQC	ACO	%ile	
	Score	Mean	Rank	Score	Mean	Rank	Score	Mean	Rank	
Mammography Screening	91.22	62.05	100%	91.92	74.05	99%	94.36	78.07	99%	
<b>Colorectal Cancer Screening</b>	88.94	59.30	100%	91.96	72.56	99%	93.63	75.32	100%	
% of Pts W/DM & A1c >9	11.03	22.11	92%	5.07	13.99	100%	4.17	10.71	100%	
Hypertension	69.22	67.79	55%	89.49	72.87	98%	88.25	76.16	96%	
Source: CMS Public Use Files										





#### **Select MSSP Utilization Rates**

			Pe	Change ('11-'22)					
	2011	2013	2015	2017	2019	2021	2022	#	%
Hospitalizations	318	270	248	244	247	211	193	(125)	-39%
ED Visits	620	560	568	574	530	442	447	(173)	-28%
Notes:									
(1) Rates computed by CMS.									
(2) 2011 figures based on previous retrospective allignment model.									
(3) Per 1,000 Person Years.									
(4) 2020-2022 Rates Include COV	/ID 19 H	ospitaliza	tions and	ED Visit	S				





# **MSSP Savings Percentage by Year**







#### **Session Goals**

- Learn how to Identify areas where Specialist Engagement can Benefit your Value Based Initiatives.
- Identify Key Planning Steps When Selecting Specialty Areas for Intervention.
- Review 4 Case Studies Demonstrating how this can be Accomplished.
  - Hospitalists
  - Retina Specialists
  - Cardiologists
  - Hematologists/Infusion Centers



# Identify areas where Specialist Engagement can Benefit your Value Based Initiatives

(i.e. Know Your Costs and How they Compare)



# **Standard MSSP EXPU Report**

Component Expenditures per Assigned Beneficiary	ACO-Specific	All MSSP ACOs	Nat. Assig. FFS
Hospital Inpatient Facility, Total	2,447	3,483	3,895
Short-Term Stay Hospital	2,314	3,024	3,416
Long-Term Stay Hospital	0	60	94
Rehabilitation Hospital or Unit	128	258	309
Psychiatric Hospital or Unit	4	45	70
Skilled Nursing Facility or Unit	349	689	944
Outpatient Facility	2,114	2,662	2,903
Ambulance	71	113	142
Home Health Agency	258	449	549
Durable Medical Equipment	212	295	321
Hospice	248	300	394
Substance Abuse Treatment Services	201	201	277



#### **Standard MSSP EXPU Report**

Component Expenditures per Assigned Beneficiary	ACO-Specific	All MSSP ACOs	Nat. Assig. FFS
Part B Physician/Supplier (Carrier)	3,635	3,670	3,908
Evaluation and Management	1,065	1,125	1,225
Procedures	601	647	706
Therapy Services, Total	151	118	138
Other Treatment, Excluding Drugs	40	44	57
Imaging	318	237	277
Laboratory and Other Tests	354	288	320
Chemotherapy and Radiation Oncology	107	198	265
Injections/Infusions, Other Drug Treatments (Non-Cancer)	670	452	479



#### Other/Part B Drugs (From Claims Data)

BETOS			2017					2016			
Class	Category	CCHC ACO #2				CCHC	ACO #2				
Other/Part B Drugs		\$	820.04	\$	660.87		\$	818.10	\$	595.70	
	Ambulance	\$	69.19	\$	91.71		\$	70.13	\$	79.18	
	Chemotherapy	\$	78.31	\$	77.52		\$	111.43	\$	64.01	
	Chiropractic	\$	31.70	\$	13.58		\$	31.46	\$	15.71	
	Influenza Immunization	\$	68.53	\$	61.50		\$	70.52	\$	67.62	
	Other Drugs	\$	559.54	\$	413.08		\$	526.80	\$	367.03	
	J0178 Eylea	\$	196.78	\$	79.14		\$	147.89	\$	69.24	
	J9035 Avastin	\$	11.61	\$	25.60		\$	21.40	\$	20.63	
	J2778 Lucentis	\$	8.90	\$	5.48		\$	4.74	\$	6.39	
	J0897 Prolia	\$	73.46	\$	38.40		\$	65.04	\$	27.98	
	J1745 Remicade	\$	32.34	\$	20.71		\$	23.62	\$	29.34	
	J2505 Neulasta	\$	31.05	\$	38.61		\$	38.87	\$	27.59	
	J0885 Epo, non-esrd	\$	10.12	\$	1.78		\$	14.22	\$	3.76	
	J0585 Botox	\$	5.31	\$	3.75		\$	4.13	\$	2.68	
	J7323 Euflexxa	\$	6.47	\$	2.45		\$	6.57	\$	1.87	

# **Key Planning Steps**

- Identify Focus Areas (Clinical Variation?)
- Study Treatment Alternatives and Supporting Evidence
- Develop Quality Metrics
- Understand their Business Model and Motivations (WIIFM)
- Appeal to Physician's Better Intentions



# Case Study # 1 Engaging Hospitalists





#### **Rational**

- 75% of Regional Variation is Spending is due to Post Acute Care Spending (SNF, HH, & Hospice)
- Readmission Rate Impacted by PAC Providers and Hospitalists (NSOC, LOS, Etc.)
- Other Considerations:
  - Medicare Excess Readmission Penalties for Hospitals
  - DRG Payment System Incentives



# Financial Model - PAC Results (2019-2021)

		Expected		Actual	Excess/	Avg.	Cost/
PAC Prov.	# Adm.	%	#	#	(Reduc)	Paid	(Savings)
ННА	1,159	13.92%	161	273	112	1,924	212,025
Hospice	1,159	6.97%	81	77	(4)	2,468	(13,374)
IRF	1,159	3.76%	44	51	7	17,995	139,612
LTACH	1,159	0.06%	1	3	2	34,303	78,671
SNF	1,159	17.87%	207	150	(57)	6,139	(327,581)
Total	1,159	8.52%	493	554	61	4,796	67,961



# Financial Model-Readmissions Results (2019-2021)

		Expected		Act	Actual		Avg.	Cost/
MS/DRG	# Adm.	%	#	%	#	(Reduc)	Paid	(Savings)
01 Nervous System	99	10.58%	10.47	12.12%	12.00	1.53	12,281	18,738
04 Respiratory System	181	23.14%	41.88	16.57%	30.00	(11.88)	10,910	(129,584)
05 Circulatory System	240	19.12%	45.88	14.17%	34.00	(11.88)	13,463	(159,984)
06 Digestive System	147	13.16%	19.35	14.29%	21.00	1.65	11,223	18,571
07 Hepatobiliary System And Pancreas	35	17.50%	6.13	11.43%	4.00	(2.13)	11,434	(24,297)
08 Musculoskeletal Sys & Connective Tissue	101	23.33%	23.56	13.86%	14.00	(9.56)	14,797	(141,504)
09 Skin, Subcutaneous Tissue, And Breast	25	33.33%	8.33	4.00%	1.00	(7.33)	12,441	(91,227)
10 Metabolic Diseases/Disorders	53	28.89%	15.31	28.30%	15.00	(0.31)	12,477	(3,889)
11 Kidney And Urinary Tract	108	24.81%	26.79	26.85%	29.00	2.21	10,184	22,458
16 Blood/Blood Forming Organs/Immunity Dis	28	27.03%	7.57	17.86%	5.00	(2.57)	11,579	(29,741)
18 Infectious And Parasitic Diseases	91	23.91%	21.76	15.38%	14.00	(7.76)	15,072	(116,933)
21Injury, Poisoning, And Toxic Effects	10	20.00%	2.00	10.00%	1.00	(1.00)	12,630	(12,630)
Grand Total	1,159	20.41%	236.53	15.79%	183.00	(53.53)	12,434	(715,174)



# Case Study #2 Engaging Retina Specialists



#### **Rational**

- NEJM Catalyst Article, "If 75% of first-line prescriptions for retinal disease were for the low-cost [treatment] option, the government would save \$2.3 billion a year."
- Large Percentage of ACO Patients Treated by one Provider.
- Meaningful Percentage of This Providers Patients were Assigned to ACO.
- Significant Change in Treatment Protocol Since New Physician Purchased Practice.



# **Financial Model**

	Medicare	# of	Paid Per		
	Payments	Units	Unit		
Eylea	3,600,000	2,400	1,500.00	Final Budget Per Patient	11,021
Avastin	19,500	325	60.00	PY Cost Per Patient	3,700
Lucentis	455,000	350	1,300.00	Savings Per Patient	7,321
Total	4,074,500	3,075		# of Patients	425
Injections	247,500	2,750	90.00	Total Savings	3,111,468
Overall Total	4,322,000			MSSP Sharing Rate	73.50%
# of Pts. Treated	400			MSSP Savings	2,286,929
Cost Per Patient	10,805			50% Savings Due Clinic	1,143,464
Trend Adjustment	1.0200			Interim Payments	(250,000)
Final Budget Per Patient	11,021			Final Payment Due	893,464



# Case Study #3 Engaging Cardiologists





#### **Rational**

- Our Internal Cardiology Department Performed Nuclear Medicine Exams at a Rate Higher than Peers.
- Evidence Based Literature Showed Intervals Could be Extended.
- When Including the Cost of Drugs the Incremental Cost of the Technical Component of the Exam was Equal to the Shared Savings.



# Margins FFS VS VBC

Fee For S	ervice Gross Margi	in			Value Based Care Gross Margin	
Code		Allowable	Units	Total	80% of Total FFS Payment	285,298
93015	Treadmill	67.88	400	27,152	Sharing Rate/Enhanced 75.0%	
A9500	Nuclear Agent	196.88	400	78,752	Sequestration 98.0%	
78452	Card. Spect Scan	451.83	400	180,732	Net Sharing Rate	73.5%
J2785	Definity	233.29	300	69,987	Shared Savings Payment	209,694
	Total Payments			356,623		
	Supply Costs (Definity & Nuclear Agent		(148,739)			
	FFS Gross Margin			207,884		



# **Financial Model**

		# Units		Change	\$ Per	
CPT	CPT Description	2018	2022	18-'22	Study	Total
78452	Spect Cardiac Wall Mtn EJ	425	325	100	175	17,500
78472	MUGA Study; Resting	15	5	10	150	1,500
	Total	440	330	Bonus Due		19,000



# Case Study #4 Engaging Hematologists/Infusion Department





#### **Rational**

- Local Blue Plan Implemented New Prior Authorization Process for Iron Deficient Anemia Treatments
- We Operate our Infusion Center
- Reviewed Protocol with our Hematologist
- Venofer's FDA Approval had Coverage Limitations
- Benefit to Adopting One Treatment Protocol



# **Financial Model**

			Allow.		Total	
CPT	Name	Dose	Charge	Units	Allow Charge	Dosing Protocol
J1750	INFed	50 mg	15.767	20	315.34	1 Dose of 1,000 mg
J1756	Venofer	1 mg	0.224	1,000	224.00	3-5 Doses of 200-300 mg
J1439	Injectafer	1 mg	1.120	1,500	1,680.00	2 Doses of 750 mg



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# The End

